

L.I.P.O.A. 5K ROAD RACE & 2K FUN WALK

WHO IS THIS FOR? Anyone who is a member of the LIPOA

ENTRY FEE: The race is free!

DATE and TIME: Saturday, July 5 at 9:00 a.m. rain or shine

LOCATION: Start and finish at the LIPOA Office, 1096 Queensway Drive

COURSE: Gently rolling paved terrain for the road race. Flat paved roads for the fun walk.

REGISTRATION DEADLINE: Friday, June 27 by 5 p.m. Entry forms may be *mailed* to the LIPOA Office or dropped off there anytime before the deadline.

AWARDS: Trophies for the top three male and female finishers, and to the youngest and oldest finishers. Certificates to all who finish the road race.

INFORMATION: email either lakeisabella@winntel.net or gmerwin@winntel.net

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NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: (_____) _____ AGE ON 7/05/08 _____

EMAIL: _____

EVENT ENTERED: _____ 5K ROAD RACE

_____ 2K FUN WALK

Waiver and Release of Liability: In consideration of accepting this entry form I hereby intend to be legally bound for myself, my heirs, my executors and administrators, waive and release all rights and claims for damages I may accrue against the LIPOA Board, its officers and employees, event committee members and volunteers, agents, representatives, successors and assigns for any and all injuries suffered by me at said event, or which may arise out of traveling to, participating in and returning from the event.

I have read and accept the terms of the waiver on this page

_____ Date: _____

Parent or Guardian signature if under 18

_____ Date: _____